



'Bitesize PIE' Training Opportunities in 2025 for all Homelessness Services Staff

'Psychologically Informed Environments'

Psychologically Informed Environments (PIEs) for people who are homeless are places where the emotional and psychological needs of service-users at the centre of the service provided. The PIE approach aims to take into account psychological thinking about issues which are over-represented in this population, including histories of neglect, abuse and trauma, in order to help services understand and work with how such issues may impact on their work.

We are offering a range of 'Bitesize' 2-hour training sessions to support your work towards becoming PIE. Below is a list of available sessions – scroll down for detailed posters about each workshop. **To book**, please email the training facilitator with your name, number, organisation and email details.

Session Title	When?	By whom?
What the PIE!!! An introduction to Psychologically Informed Environments	Monday 3 November 2025 2 - 4pm Falcon Centre	Suzanne Elliott (Clinical Psychologist) and Chloe Woods (Trainee Clinical Psychologist) Homeless Mental Health Service
Our PIE framework: introduction to community psychology	Wednesday 12 November 2025 9 – 11am online	Suzanne Elliott (Clinical Psychologist) Homeless Mental Health Service
Understanding Mental Capacity	Wednesday 26 th November 2025 12.30-2.30pm MSTeams	Dani Harker-Brown (Clinical Psychologist, HMHS) & Nicola Bishop (Mental health Practitioner, HMHS)

**Homeless Mental Health Service***Engaging, supporting & empowering since 1990*

Autism and homelessness	Monday 15 December 2025 1 – 3pm MSTeams	Dani Harker-Brown (Clinical Psychologist) Homeless Mental Health Service
Mental Health diagnoses and homelessness	Tuesday 16 th December 10:30am-12:30pm MSTeams	Laura Hancox (Clinical Psychologist) Homeless Mental Health Service
Hoarding and homelessness	Wednesday 24 December 2025 12.30 – 2.30 online	Suzanne Elliott (Clinical Psychologist) Homeless Mental Health Service

Also freely available:

Debriefing with connection: Recovery after an incident at work	Please book with us as required – these are available as one-off sessions following any incident that is impacting workers	One of our qualified clinical psychologists
Collective Care Workshops	Please book with us as required – these are half day workshops that develop the ideas of collective care for your specific organisation	One of our qualified clinical psychologists



PIE Bitesize: What the PIE? An introduction to Psychologically Informed Environments

Delivered by: Suzanne Elliott, Clinical Psychologist, Homeless Mental Health Service

This two-hour session will be an introduction to Psychologically Informed Environments. We will discuss how PIE came about, what it is and how it applies to homeless services. We'll give consideration to the steps you are taking in your teams to 'be more PIE' and provide information about what is happening next with PIE.

Tuesday 3 November 2025

2 – 4pm

Falcon Support Services, Queens Road, Loughborough

Bookings - To book a place please email Suzanne.elliott13@NHS.net providing your **name, job role, organisation, contact telephone number and email address.**

If you have any queries regarding the training, please contact Suzanne Elliott (Clinical Psychologist with the Homeless Mental Health Service and Co-ordinator of the PIE approach in homelessness across LLR) on 07909 523 174



PIE Bitesize: An Introduction to Community Psychology

**Delivered by: Suzanne Elliott, Clinical Psychologist
Homeless Mental Health Service**

This two- hour session will explore one of the three core models which form the ‘Psychological Framework’ for PIE that is used in homeless services in LLR. We will introduce the values of community psychology, learn about mapping the social context and consider the relationship between community psychology and homelessness. We will consider how we share the power we have and how we can take action.

Wednesday 12 November 2025

9 - 11am

Online

Bookings - To book a place please email suzanne.elliott13@nhs.net providing your name, job role, organisation, contact telephone number and email address.

If you have any queries regarding the training please contact Suzanne Elliott (Clinical Psychologist with the Homeless Mental Health Service and Co-ordinator of the PIE approach in homelessness across LLR) on 07909 523 174.



Bitesize: Understanding Mental Capacity

Delivered by: Dani Harker-Brown, Clinical Psychologist and Nicola Bishop, Mental Health Practitioner

This two-hour session aims to introduce the concept of 'mental capacity'. We will consider factors that may cause concern around capacity, and the four main aspects involved in assessing capacity. We will reflect on experiences and discuss any questions related to mental capacity.

Wednesday 26th November 2025

12.30 – 2.30

MSTeams

Bookings- To book a place please email Danielle.Harker-Brown1@nhs.net providing your **name, job role, organisation, contact telephone number and email address.**

If you have any queries regarding the training please contact Suzanne Elliott (Clinical Psychologist with the Homeless Mental Health Service and Co-Ordinator of the PIE approach across LLR) on 07909 523 174.



Bitesize: An introduction to the Autism Spectrum and neurodevelopmental difficulties

Delivered by: Dr Dani Harker-Brown, Clinical Psychologist, HMHS

This two-hour session aims to provide an introduction to life-long neurodevelopmental differences such as Autism. This will incorporate information around terminology frequently used, communication differences and supporting people with these diagnoses.

Monday 15th December 2025

1pm - 3

via MS Teams

Bookings - To book a place please email Danielle.Harker-Brown1@nhs.net providing your **name, job role, organisation, contact telephone number and email address.**

If you have any queries regarding the training please contact Suzanne Elliott (Clinical Psychologist with the Homeless Mental Health Service and Co-Ordinator of the PIE approach across the city) on 07909 523 174.



Bitesize: Mental Health Diagnoses and Homelessness

Delivered by: Laura Hancox, Clinical Psychologist, Homeless Mental Health Service

This two-hour session will explore the language and experiences grouped under the umbrella term of Mental Health diagnoses. The pros and cons of diagnosis will be considered and there will also be information provided about local support services.

Tuesday 16th December

10:30-12:30

MSTeams

Bookings - To book a place please email Laura.Hancox2@nhs.net providing your **name, job role, organisation, contact telephone number and email address.**

If you have any queries regarding the training please contact Suzanne Elliott (Clinical Psychologist with the Homeless Mental Health Service and Co-ordinator of the PIE approach across the city) on 07909 523 174



PIE Bitesize: Hoarding and homelessness

**Delivered by: Suzanne Elliott, Clinical Psychologist
Homeless Mental Health Service**

This two-hour session will define what we mean by 'hoarding' and consider possible reasons for it. We will learn a little about the recommendations for interventions and develop ideas together about how we can help. It will also be a space for workers to share their own expertise on this subject and engage in collective care regarding this sometimes tricky problem.

Wednesday 24 December 2025

12.30 – 2.30pm

Online

Bookings - To book a place please email suzanne.elliott13@nhs.net providing your **name, job role, organisation, contact telephone number and email address.**



Please also see below for some free externally provided training:

Creating a Trauma-Informed Workplace

[Free Online Webinars - West Midlands Violence Reduction Partnership \(westmidlands-vrp.org\)](https://www.westmidlands-vrp.org/)

Tier 1: An Introduction to Childhood Adversity and Trauma Informed Practice

[LLR Tier 1: Introduction to Childhood Adversity & Trauma Informed Practice Tickets, Multiple Dates | Eventbrite](#)

Tier 2A: Developing Trauma Informed Practice

[LLR Tier 2a: Trauma Informed Practice Tickets, Multiple Dates | Eventbrite](#)

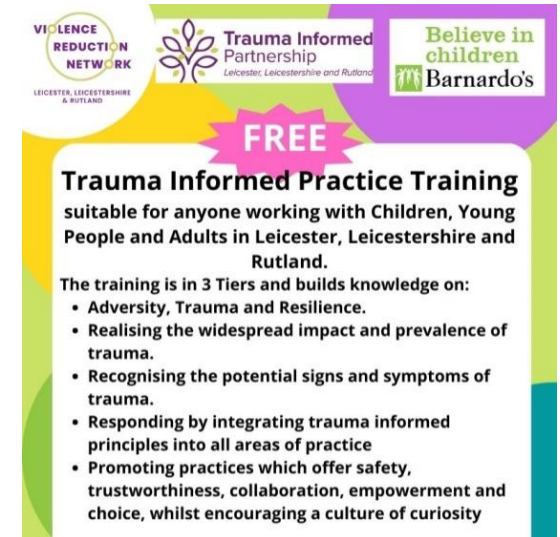
Tier 2B: Trauma Informed Organisations

[LLR Tier 2b: Trauma Informed Organisations for Senior Leaders Tickets, Multiple Dates | Eventbrite](#)

There is a rare chance to hear **Vikki Reynolds** speak for free in September. Everythingisconnected Press has published a book of her selected papers and there is a free launch on **Thursday, 18 September 2025 from 18:30 to 20:00**

"To be of Use. Vikki Reynolds Selected Papers". Click here to book on:

<https://www.eventbrite.co.uk/e/book-launch-to-be-of-use-by-vikki-reynolds-tickets-1478044433689>



The poster is for 'FREE Trauma Informed Practice Training'. It features logos for the Violence Reduction Network, Trauma Informed Partnership, and Believe in children Barnardo's. The text describes the training as suitable for anyone working with children, young people, and adults in Leicester, Leicestershire, and Rutland. It lists the topics covered in the 3-tier training: Adversity, Trauma and Resilience; Realising the widespread impact and prevalence of trauma; Recognising the potential signs and symptoms of trauma; Responding by integrating trauma informed principles into all areas of practice; and Promoting practices which offer safety, trustworthiness, collaboration, empowerment and choice, whilst encouraging a culture of curiosity.

Mental Health First Aid training:

A Mental Health Friendly Place is a public-facing organisation or community touch point in Leicester, Leicestershire or Rutland that has received training, resources and support to confidently navigate conversations around low-level mental health and wellbeing. In completing the free training and becoming a Mental Health Friendly Place, each organisation will be able to recognise signs and symptoms of poor mental health, ask appropriate questions, listen effectively and signpost to local mental health and wellbeing services. This means customers, members or visitors can feel comfortable and supported to talk about whatever is on their mind, and find out where to access further support if necessary. For more information, click [here](#).



Working with Displaced Communities: The Role of Clinical Psychologists Within and Beyond the Therapy Room



Join us for the next instalment of the Psychology Cultures Seminar with Dr Carlos Amarte and Dr Fiammetta Rocca from the Helen Bamber Foundation, an organisation dedicated to providing specialist, long-term care for survivors of trafficking and torture.

Dr Carlos Amarte

Clinical Psychologist currently working in a CMHT and also for the Helen Bamber Foundation, supporting displaced people who have faced various human rights violations including torture, human trafficking, persecution, gender-based violence and domestic violence.

Carlos is passionate about working with people who have faced displacement, community psychology and narrative ideas, promoting trauma-informed practices and using trauma focused interventions

Dr Fiammetta Rocca

Clinical Psychologist currently working for the Helen Bamber Foundation and British Red Cross Partnership, working therapeutically with people seeking asylum and refugees who present trauma-related distress.

Fiammetta is passionate about trauma-informed care, particularly with populations who are marginalised and routinely excluded from services. She has a special interest in trauma and trauma-focused interventions, contributing to research and service evaluations in this area

The session will explore the vital role of Clinical Psychology in supporting people from displaced communities, sharing insights from their impactful work at the Foundation.



Psychology Cultures Seminar
 27th November 2025, 3-4:30pm, MS Teams

Online event about working with refugees and asylum seekers



Resources for managing the effects of stress and trauma






NEW PARTNERSHIP RESOURCE

Techniques to Manage the Effects of Stress and Trauma

Download a copy!



Developed collaboratively with:










Funded PhD opportunity!!

(you are eligible even if you haven't got higher education qualification as long as you have lots of experience). It's open to people who hold at least a 2.1 undergraduate degree (or 2.2. or less with a Masters), or those who are able to demonstrate that they have equivalent professional experience (people with 'substantial experience in a relevant sector').

Click here



**Co-designing economics- and
psychology-informed interventions
to support financial resilience in
Nottingham communities facing
Severe and Multiple Disadvantage**